



Vermont Training Events For Adult Community Mental Health Practitioners Spring 2007

If you have questions regarding this calendar or information on training events for a future calendar, please contact: **Nick Nichols** at **802-652-2000** or email: nnichols@vdh.state.vt.us, Division of Mental Health Services.

This calendar is available on the Vermont Department of Health website: healthvermont.gov

NOTE: This list is compiled by the Vermont Department of Health, however many of the workshops listed in this calendar are sponsored by other organizations. Please confirm the details of the training (date, time, location, etc.) with the contact provided.

GRANT WRITING THROUGH THE EYES OF A GRANT REVIEW

March 21, 2007 – Shelburne Town Center – Shelburne VT

Registration: 8:30 AM

Workshop: 9:00 AM – 4:00 PM

A workshop where you will learn how grants are scored, ways to increase your in-kind and match dollars, and how to craft your project design and the budget with a one-step plan. You will explore sample grant applications and develop a network with other grant writers.

If you are currently working on a grant, bring it with you and use your own grant while participating in the workshop.

Participant fee is \$125 per person. Fee includes morning coffee, afternoon refreshments, and the participant's manual. You can register on-line at www.cbeeducationalservices.org where CBE has an account designed for credit card payments via PayPal® account. Click the "workshop" button for both on-line registration and payment account or download the registration form and mail it with your payment or purchase order to: , CBE Educational Services, Inc, PO Box 156, Irasburg VT 05845-0156

DIFFICULT CONVERSATIONS ABOUT: COMMUNITY ISSUES

March 21st, 2007

Sponsored by the Montpelier Community Justice Center, Mary Hooper & Yvonne Byrd, trainer. FREE, Kellogg Hubbard Library, 6:30 pm to 8:30 pm, contact Karen Blazer at 223-9606 or kblazer@montpelier-vt.org

BRIDGES OUT OF POVERTY

March 21st, 2007

Phil DeVol, trainer.

Sponsored by Champlain Initiative, \$40, Champlain Valley Expo, Essex Junction, 8:30 am to 3:30 pm, contact diane@unitedwaycc.org

CONFERENCE ON CRISIS SERVICES FOR CHILDREN & VT'S COMMUNITY BASED SYSTEM OF CARE: PHILOSOPHY & PRACTICE

March 22nd, 2007

Community Mental Health Children's Services Directors, VT Council Of Developmental & Mental Health Services, Capitol Plaza, Montpelier, 8:30 am to 3:30 pm, contact Nick Emlen at nick@vtcouncil.org or 223-1773

CIRCLE OF COURAGE

March 23rd, 2007

Martin Brokenleg of Reclaiming Youth

International, Friday Institute of the VT Foster & Adoptive Family Association's annual conference, 9:30 am to 4:00 pm, contact Diane Robie at drobie@shoreham.net

NO ONE LEFT BEHIND: BUILDING BRIDGES OUT OF POVERTY

March 25th, 2007

Erica Marks, Trainer

Topics covered: Mental models of poverty, Principles of change, Causes of poverty, Examples of community strategies, Research review, Framework of poverty, Resources, Language, Family structure and Hidden rules of economic class. Saturday, March 25th from 8:30 am to 3:30 pm, lunch included. \$20 per person pay at the door. Limited sliding fee/scholarship available. Make checks payable to NeighborKeepers. Call Hal Colston at 846-7292 with questions and directions to location. Contact Martha Maksym, United Way of Chittenden County, Martha@unitedwaycc.org or mail registration to: Martha Maksym, United Way of Chittenden County, 95 St Paul Street, Suite 210, Burlington VT 05401 (information needed: Name, email, phone, address and dietary restrictions)

WOMEN, HIV & EMPLOYMENT

March 28th, 2007

Sponsored by the National Abandoned Infants Assistance Resource Center at the University of California, Berkeley, Dr. Mildred Williamson, Director of the Cook County (Illinois) Bureau of Health, trainer, 2:00 pm to 3:30 pm (Eastern Time), this is a telephone conference training event, \$25, to register, go to <http://aia.berkeley.edu/training/teleconference> or call 510-643-8390

THE CHALLENGE OF PROMOTING HEALTH IN PERSONS WITH SERIOUS MENTAL ILLNESSES—FROM SCIENCE TO SERVICE

March 28-31, 2007 – Hyatt Regency Hotel, Cambridge, MA

Boston University's Center for Psychiatric Rehabilitation and the School of Medicine's Department of Psychiatry are partnering together in conjunction with Bayridge Hospital for a series of seminars that promote a comprehensive and integrated approach to health and mental health care for individuals with serious and persistent mental illness. These seminars inform practitioners and decision makers about needs and strategies, as well as demonstrate effective models of service delivery that bridge that gap between medicine, psychiatry, and rehabilitation.

Who should attend? Psychiatrists – Primary Care Physicians – Nurses – Psychologists – Social Workers – Rehabilitation practitioners – Community Support Providers – Other Health Care Professionals – Consumers – Families – Researchers

For more information or to register online, please visit the website at <http://www.bu.edu/cme/seminars/SCISERVICE07/agenda.html> or download a brochure by clicking <http://www.bu.edu/cpr/workshops/ScienceToService.pdf>

ADVOCACY TRAINING 101

March 30th, 2007

Sponsored by VT Association for Mental Health, Ken Liberto, trainer, VT Statehouse, 1:00 pm to 2:00 pm, FREE, contact Patty McCarthy at RecoveryVT@aol.com

PSYCHOTROPES, AS AN ANSWER TO SUFFERING? LIMITS AND FUTURE STAKES RELATED TO THE RENEWAL OF PRACTICES IN MENTAL HEALTH

April 3rd, 4th, and 5th, 2007 at the Holiday Inn Montreal-Midtown 420 Sherbrooke Street West, Montreal (Place-des-Arts metro station)

Objectives: Open up the space allowed for dialogue by looking together at the importance of the place taken by medication in people's lives, mental health practices and society in general. Take a look at the accompaniment and support practices, set up by the different partners implicated in giving services to the community, in order to find the best answers to mental health consumer's demands.

For more information: www.rrasmq.com or (514)523-7919

2007 NH MENTAL HEALTH SYMPOSIUM – STAGES OF CHANGE INTERVENTIONS FOR INDIVIDUALS AND POPULATIONS

Wednesday, April 4th, 2007 9:00a.m.-2:30p.m.

The Event Center at CR Sparks

18 Kilton Rd

Bedford, NH 03110

Keynote Speaker: James O. Prochaska, Ph.D. – Director, Cancer Prevention Center
Professor of Clinical and Health Psychology, University of Rhode Island

Fee: \$75 if received before March 14; \$99 if received after March 14.

For more information, please contact Maureen Lenane at 603-628-7706, X4117 or lenanema@mhcgim.org

SUPPORTING PARENTS WITH DISABILITIES

April 4th, 2007

Sponsored by the Green Mountain Family Support Network, Susan Yuan, trainer, 9:00 am to 4:00 pm, Penthouse Conference Rm, McFarland State Office Bldg, Barre, contact Cindy Miller at 479-4406 or cindy.miller@ahs.state.vt.us

7TH ANNUAL CONFERENCE OF THE VT ALLIANCE OF INFORMATION & REFERRAL SERVICES (VT AIRS)

April 11th, 2007

VT College, Noble Hall, 9:00 am to 3:30 pm, \$25 for members & \$40 for non-members, contact Ellen Secord at ellensecord@cvcoa.org

DIFFICULT CONVERSATIONS INVOLVING: END OF LIFE ISSUES

April 11th, 2007

Sponsored by the

Montpelier Community Justice Center, Alice Estey, trainer, FREE, Kellogg Hubbard Library, 6:30 to 8:30 pm, contact Karen Blazer at 223-9606 or kblazer@montpelier-vt.org

SCREENING & ASSESSMENT – WHAT ARE THE NEXT STEPS

April 19th, 2007

Sponsored by the Georgetown University Center for Child & Human Development, THIS IS A TELECONFERENCE TRAINING, 1:00 pm to 3:00 pm (EST), register via

http://gucchd.georgetown.edu/programs/ta_center/tacalls2007.html

BEYOND CHRONIC CARE – VERMONT BLUEPRINT FOR HEALTH

April 20th, 2007 7:45am-4:00pm Sheraton Conference Center – Burlington VT

Guest Speakers:

James H. Douglas, Governor, State of Vermont

John P. Fogarty, MD, Interim Dean, UVM

Sharon G. Moffatt, RN, MSN, Acting Commissioner of Health

Larry Cohen, MSW, Executive Director, Prevention Institute, CA

Elliot S. Fisher, MD, MPH, Professor of Medicine & Community and Family Medicine, Dartmouth Medical School, NH

This fourth annual conference of Vermont's Blueprint for Health will highlight the importance of community-level influences, environmental factors and policy issues in the prevention and management of chronic disease. The Blueprint for Health is a public private partnership based on the Chronic Care Model, a national model for collaborative care and quality improvement that includes active roles for individuals, communities, the health care system and public health sector.

The University of Vermont College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians. The University of Vermont designates this educational activity for a maximum of 5.25 AMA PRA Category 1 Credits. Physicians should only claim credit commensurate with the extent of their participation in the activity. Application for CME credit has been filed with the American Academy of Family Physicians. CEU credits for Social Workers pending approval. This program has been reviewed and is acceptable for up to 5.25 Nursing Contact Hours.

Registration: \$50 General Admission (Those not requiring continuing education credit)

\$75 Nurses (includes CEU's)

\$125 MD's (includes CME credit)

Fee includes conference materials, continental breakfast and lunch.

TREATING DISSOCIATION AND DISSOCIATIVE DISORDERS - A conference with Richard P. Kluft, M.D.

April 20, 2007

8:00 am to 4:30 pm

Wyndham Burlington VT (Formerly the Radisson)

The Board of Psychological Examiners has granted 6 continuing education credits. The Board of Allied Mental Health Practitioners has granted 6 continuing education credits. NASW – Vermont Chapter has granted 6 continuing education credits. \$125 if received by March 23, 2007; \$140 if received after March 24, 2007. There will be no refunds after April 6, 2007. There will be a \$25 administrative fee for any cancellations. Please direct inquiries to Elliott Benay 241-3067 or Joseph Hasazi 657-4190.

CELEBRATING SEXUALITY CONFERENCE FOR ADULTS WITH DISABILITIES, THEIR FAMILIES & SUPPORTERS

May 4th & 5th, 2007

Sponsored by Community Associates & others, Killington Grand Hotel. Various rates/scholarships. Contact 388-4021

FACES ANNUAL MEETING & CONFERENCE,

May 17th, 2007

Sponsored by Friends of Recovery, VT Federation of Families, VT Office of Alcohol & Substance Abuse Programs, FREE, Capitol Plaza, Montpelier, evening Event – times to be determined, contact El' Anya Nightingale at 1-800-769-2798 or FORVTPeerService@aol.com

2ND ANNUAL CREATING A WELCOMING COMMUNITY CONFERENCE

May 24th, 2007

An inter-professional conference on cultural competency, St. Michael's College, Colchester, contact Phyl Newbeck at phyl.newbeck@vsc.edu or 241-3379.

TRANSFORMING MENTAL HEALTH CULTURE AND PRACTICE TO SUPPORT RECOVERY- A 3-DAY TRAINING INSTITUTE WITH PAT DEEGAN PHD

June 12 – 14^t

You have embraced the principles of recovery, but now how do you put them to work in your day-to-day practice? By participating in a unique opportunity to learn **Recovery Oriented Practice** theory and techniques. You will leave this event with the inspiration and the tools necessary to begin transforming both the culture of your agency and your work to support clients' recovery.

Located at Boston University Corporate Education Center in Tyngsboro MA

\$960/person includes daily breakfast & lunch, and one evening barbeque. Register early, before March 15th for \$900. Visit the website for Pat Deegan PhD at www.patdeegan.com

1ST ANNUAL VT GUARDIAN AD LITEM TRAINING CONFERENCE

June 22nd, 2007

Sponsored by the Judiciary & Court Improvement Project, Capitol Plaza, Montpelier, more details to follow.

WRAP FACILITATOR CERTIFICATION COPELAND CENTER FOR WELLNESS AND RECOVERY

Training on Recovery Education and Peer Support

July 9 - July 13, 2007

Brattleboro VT

Spend five days with Mary Ellen Copeland and her staff learning to become a Mental Health Recovery Educator. These intensive five day training events are designed to help you become a powerful change agent/recovery educator as a WRAP Facilitator. You will gain a deeper understanding of the recovery process and learn to:

- work with people who have experienced psychiatric symptoms to discover the strengths they have and can use to enhance their recovery;
- effectively share the underlying concepts necessary to recovery: hope, personal responsibility,

education, self-advocacy, and support;

- work with individuals and groups to develop a Wellness Recovery Action Plan (WRAP), a symptom monitoring and response system being used all over the world;
- teach about wellness tools and strategies, such as medication management, changing negative thoughts to positive, and developing a wellness lifestyle;
- empower and motivate people to work toward recovery - feeling the way they want to feel, making their lives the way they want them to be, and moving toward meeting their life goals;
- use interaction and presentation styles and strategies that enhance recovery.

Information: www.mentalhealthrecovery.com email: info@copelandcenter.com

THE 5TH ANNUAL COLLABORATION CONFERENCE ON CHILDREN, YOUTH & FAMILIES

October 12th, 2007

Killington Grand Hotel, Killington, contact don.mandelkorn@ahs.state.vt.us or 479-7594

Advanced Learning Design: Taking Learning to Task

Nov 16th & 17th, 2007

Sponsored by Five Dimensions & Global Learning Partners, Stowehof Inn, Stowe, Peter Perkins, instructor, contact Peter at peterp@globalearning.com or 223-3664

Additional Training Opportunities

2006-2007 VERMONT ADDICTIONS ACADEMY ON CO-OCCURRING DISORDERS

– Sponsored by The Howard Center for Human Services, Burlington VT

The Academy will again support statewide efforts (by the Vermont Department of Health – DMH and ADAP) to provide clinical training in co-occurring disorders.

Current Neuroscience Research on Psychotherapy for Treating Co-Occurring Disorders

April 3, 2007 9am-3pm VNA 1110 Prim Rd Colchester VT

Please arrive before 9am (8:30 am Morning Coffee). \$40 per person to be paid with registration form. 5 CEU's

Spirituality in the Treatment of Co-Occurring Disorders: Secular Interpretations of *The Course in Miracles* and other Sources of Spiritual Power

May 9, 2007 9am-3pm VNA 1110 Prim Rd Colchester VT

Please arrive before 9am (8:30 am Morning Coffee). \$40 per person to be paid with registration form. 5 CEU's

If you have any registration questions, please call Sandi K. (802) 862-5243. Due to high demand and low fees for training slots, refunds WILL NOT be granted. Only 35 slots open for each training.

BOSTON UNIVERSITY COMMUNITY PROGRAM INNOVATIONS

- **April 12, 2007** Angry & Oppositional Adolescents & Adults: Struggles & Strategies – Dr Laurie Brodeur

- **May 4, 2007** Self-Injury & Other Self-Destructive Behavior: Using DBT & Relational Interventions – *Mary Bettley, MSW, LICSW*
- **May 17, 2007** Why Can't I Stop Banging My Head Against the Wall?: Overcoming Self-Defeating Behavior & Unresolved Family Issues – *Dr. Richard Bedrosian*

Workshops offering Continuing Education credits for psychologists, social workers, marriage and family therapists, mental health counselors, nationally certified counselors, nurses, substance abuse counselors and educators. All workshops are held at the Boston University Corporate Education Center in Tyngsboro MA. .

Information: Call 978/283-2727 or visit our webpage: www.communityprograminnovations.com

NAMI-VERMONT FAMILY-TO-FAMILY EDUCATION PROGRAM

Every year NAMI-VT family members/volunteers co-teach eight Family-To-Family classes around Vermont. These classes are a series of 12 weekly classes structured to help family members understand and support their ill relative while maintaining their own well-being. These classes are for family members only, limited to 25 students per class and are free. Classes have been scheduled for the following areas:

- * **Burlington – beginning February 27th**
Sara (802)878-9632
Joanna (802)660-7175
- * **St. Albans – beginning March 2007**
Sheryl (802)524-4909
Sarah (802)985-2345
- * **St. Johnsbury – beginning February 27th**
Ed (802)253-7707
Darren (802)635-9537
Wanda Cosman (802)443-8906
- * **White River Jct. – beginning February 27th**
Laurel (802) 333-9538
Rosie (802)763-8030

Or contact the NAMI-Vermont office to pre-register or for more information at: (800) 639-6480 or by email at info@namivt.org

NAMI-VT PROVIDER EDUCATION COURSE

This is a series of ten weekly classes structured to help professional providers work collaboratively with consumers and family members while maintaining their own well being. The course is taught by a team of five individuals, all of whom have a mental illness and/or a family member who has one. The course can be taught at your agency and is free to designated community mental health agencies.

When – Fridays: April 27, May 4, 11, 18 and 25

Time – 10 am – 4 pm (Lunch will be provided)

Where – Vermont State Hospital
Waterbury, Vermont

Information: Contact Maureen Trudeau, NAMI-VT Education Director at (802) 775-5795 or email at namivtf2f@verizon.net

RETREAT HEALTHCARE

The Phenomena of Dissociation – March 23rd, 2007

Steven Gold, Ph.D.

The Neurobiology of Addiction in Every Day Terms – March 30th, 2007
Carlton (Carl) K. Erickson, Ph.D.

The Secret Life of Families: Truth-Telling, Privacy and Reconciliation– April 6th, 2007
Evan Imber-Black, Ph.D.

Pathways To Solutions With Self-Harming Adolescents and Their Families: A Collaborative, Strengths-based Approach – April 13th, 2007
Matthew Selekman, MSW

Undoing Depression – April 27th, 2007
Richard O'Connor, MSW, Ph.D.

“Whatever...” Applying Motivational Interviewing Concepts to Work with Adolescents - May 4th, 2007
David Rosengren, Ph.D.

A Change Focused Approach to Addictions- May 18th, 2007
Michael Clark, MSW, LMSW

Using Dynamic Principles in Today's Time-Limited, Inpatient Groups - May 25th, 2007
Scott Rutan, Ph.D.

Creating Sanctuary: Parallel Process in Recovery – June 1st, 2007
Sandra Bloom, MD

From Symptom to Solution: A Clinical Training in Mind Body Health Therapies – June 7th & 8th, 2007
Ronald Alexander, Ph.D.

For additional information and registration, go to: <http://www.retreathealthcare.org/> or call 1-877-3050.

FIVE DIMENSIONS AND GLOBAL LEARNING PARTNERS – Dialogue Education (Vella) Courses

Learning to Listen, Learning to Teach-A learning centered approach to dialogue education. Dialogue Education uses the principles and practices of adult learning theory to transform “education” into hands-on, interactive “learning”. This is a learning-centered approach. Learning is a partnership between both teacher and learner in order to maximize the learning. Not only is this approach successful with adults, it is successful with adolescents as well.

April 24-27 Stowe VT To register for April 24-27 in Stowe:

<https://www.onlineregistrationcenter.com/register.asp?m=96&c=2401>

June 26-29 Montpelier VT To register for June 26-29 in Montpelier:

<https://www.onlineregistrationcenter.com/register.asp?m=96&c=2386>

Advanced Learning Design: Taking Learning to Task

May 9th – 11th, 2007 Stowehof Inn, Stowe, Peter Perkins, instructor, contact Peter at peterp@globalearning.com or 223-3664

NEW ENGLAND SCHOOL OF ADDICTION STUDIES – SUMMER SCHOOL PROGRAM

The New England Summer School of Addiction Studies, School of Prevention Studies, and the School for Best Practices in Addiction Treatment have been designed to support New England's substance abuse service systems and workforce development efforts.

38th Annual New England School of Addiction Studies is scheduled to take place June 11-15, 2007 at Bowdoin College, Brunswick, ME. In addition to the catalog web pages, the web site features:

<http://www.neias.org/SS/nesas07.html>

€ Online Summer School Registration

€ A downloadable Summer School Catalog

€ Downloadable scholarship application from some New England states at

<http://www.neias.org/SS/scholarships07.html>

7th Annual New England School of Prevention Studies is scheduled to take place June 11-13, 2007 at Bowdoin College, Brunswick, ME. In addition to the catalog web pages, the web site features:

<http://www.neias.org/PSS/pss07.html>

€ Online Prevention School Registration

€ A downloadable Prevention School Catalog

€ Downloadable scholarship application from some New England states at

<http://www.neias.org/PSS/pssschol07.html>

The co-location of the two programs above at Bowdoin College will allow for some exciting cross-training and networking, benefiting participants of both schools.

15th Annual New England School of Best Practices in Addiction Treatment (Advanced Clinical Coursework & Opioid Treatment Coursework) is scheduled to take place August 20 - 23, 2007 at Waterville Valley Resort & Conference Center, New Hampshire. Additional information and printed catalogs will be available in the early summer!

<http://www.neias.org/BP/SATBPCATcover07xSTD.html>

You can request a printed catalog by contacting the New England Institute of Addiction Studies web site at <http://www.neias.org/>, emailing neias@neias.org or calling 207-621-2549.

VERMONT ADDICTION PROFESSIONALS ASSOCIATION

2007 Spring Training Series

VAPA is the association of Vermont professionals providing leadership, support and advocacy for organized improvements in the addiction field.

****This training series is made possible by a grant from the Vermont Department of Health, Division of Alcohol and Drug Abuse Programs.**

****COGNITIVE BEHAVIORAL THERAPY** – March 26 & 27, 2007 9:00 am to 4:00pm Capitol Plaza – **Montpelier.** **Richard M Bailey**, M.Ed., LCDS, ACRPS, Bailey Associates Counseling & Training Center, Cranston, RI – This workshop will teach the basics as well as some advanced strategies & techniques of Cognitive-behavioral therapy. 12 CEU's pending. Cost: \$120 VAPA members; \$160 non-members.

****BOUNDARY ISSUES FOR SUBSTANCE ABUSE PROFESSIONALS IN A RURAL SETTING** – April 6th, 2007 9:00 am to 4:00 pm Central Vermont Medical Center, Board Room – **Montpelier. Jacqui Abikoff**, LCSW, LADC – Examine common ethical issues and conflicts faced by substance abuse counselors in the usual course of practice. Focuses specifically on boundary issues, dual relationships and confidentiality issues as they apply to the particular circumstances of counselors who practice in rural areas.

****PROBLEM AND COMPULSIVE GAMBLING: COUNSELOR TRAINING** – April 19, 20, 21, 23 & 24, 2007 Inn at Saxton's River - **Saxton's River VT. Robert L. Stenander**, JD, CADC, CCGC and **Coleen Moore**, MA, LCPC, CADC, CCGC, MISA II – This training will consist of a 30-hour course delivered throughout a five-day series. It will provide participants with the requisite knowledge for the written certification exam for counselors of problem and compulsive gambling. It also meets the coursework requirement for the national gambling certification. At the end of this workshop, participants will have developed a strong clinical base for compulsive gambling issues as well as cultural competencies and client-centered treatment for compulsive gamblers and their families. Cosponsored by VT Problem Gambling Council.

- 30 CEU's
- includes 1 year of phone/email supervision
- option after that year to pay to take exam to get certified
- attendees need to be VT licensed addiction/mental health counselors

Cost: VAPA member \$125; non-VAPA \$325

Included in cost: * 3 nights at Inn (4/19, 20, 23)

* lunch/breaks all 5 days

all breakfast/dinners on your own, NOT included

Make arrangements directly with the Inn for additional nights: (802) 869-2110 /

<http://www.innsaxtonsrivervt.com>

****EXPLORING ETHICAL ISSUES FOR SUPERVISORS AND MANAGERS** – May 7, 2007 9:00 am to 4:00 pm Room 266, 2nd Floor, Asa Bloomer Bldg (State Offices), 88 Merchants Row – **Rutland. David J Powell**, PhD – This course will enhance the development of clinical supervisors and program managers so as to adhere to the current ethical codes, standards conduct, legal statutes, and certification/licensing regulations.

****ADVANCED ETHICS with Mindfulness** – May 24, 2007 9:00am to 4:00pm Room 2C, VT Department of Health, 108 Cherry St – **Burlington. Anthony Quintilliani**, PhD, LADC – Introduction to parameters of advanced ethics for AOD counselors, review of problematic/risky code principles and more in-depth review and discussion of “hot topics”. Applications of new research on mindfulness in ethics problems will be included.

- Morning refreshments provided, lunch is on your own.
- 6 CEU's per 1 day training available for LADC, Allied Mental Health, and Psychologists
- Cost per 1 day training (unless otherwise noted): \$25 for VAPA members, \$65 for non-members
- Registration deadline is 10 days prior to a training

Register online for all training workshops at: www.VAPAVT.org contact Buffy Root at two-boys@comcast.net

PROFESSIONAL EDUCATIONS SERVICES, INC. (PESI)

Dialectical Behavior Therapy for Children and Adolescents

Monday, May 07, 2007 in ALBANY, NY

Dialectical Behavior Therapy

Tuesday, May 08, 2007 in BURLINGTON, VT

Resolving Chronic Misbehavior at School & Home

Thursday, May 10, 2007 in SCHENECTADY, NY

Cognitive Behavioral Therapy: Evidence-Based Treatment for Mood & Anxiety Disorders

Thursday, May 17, 2007 in ALBANY, NY

Treating Anxiety, Panic & Worry: Powerful Strategies Including CBT, ACT & Mindfulness

Wednesday, June 06, 2007 in SCHENECTADY, NY

Even Keel: The Cutting Edge in Health Psychology

Thursday, June 14, 2007 in SCHENECTADY, NY

Overcoming Anxiety, Anger and Depression Through the Path of Mindfulness

Thursday, June 21, 2007 in ALBANY, NY

Practical Psychopharmacology: Straight Talk on Navigating the Mental Health Medication Maze

Friday, June 29, 2007 in BURLINGTON, VT

Dialectical Behavior Therapy

Wednesday, July 25, 2007 in ALBANY, NY

Registration: <http://www.pesi.com/>

DIVISION OF ALCOHOL AND DRUG ABUSE PROGRAMS' TRAINING WEBSITE:

<http://www.state.vt.us/adap/training.htm>

DEPARTMENT OF CHILDREN AND FAMILIES, FAMILY SERVICES DIVISION TRAINING WEBSITE:

<http://www.dcf.state.vt.us/fsd/trainings.html>

Vermont Training and Consultation Resources

DIALECTICAL BEHAVIORAL THERAPY (DBT)

The DBT State Consultation Team

The Dialectical Behavior Therapy (DBT) State Consultation Team is comprised of five Vermont clinicians who have extensive experience providing training and consultation on DBT. The consultation team was formed in 2003 to provide DBT leadership, training, program mentoring and clinical consultation to Vermont community and inpatient DBT programs. The members of the consultation team have extensive experience with developing and operating DBT programs in the following settings and with the following populations: DBT in typical community mental health settings, DBT Residential Programs, DBT partial hospitalization and inpatient programs, DBT-informed treatment for adolescents, DBT treatment for individuals with severe and persistent mental illness, DBT-informed treatment for individuals with developmental disabilities.

Members of the consultation team provide yearly training on the core elements of DBT for clinicians interested in practicing DBT, and they are also available to provide on-site training, mentoring, and consultation to DBT programs as requested. To request on-site consultation/training or inquire about the next DBT training being conducted by the team, please contact Nick Nichols at nnichols@vdh.state.vt.us or 652-2000.

The Amanda Menei Fund

In 2004, the Vermont Department of Health's Division of Mental Health established the Amanda Menei Fund, a state fund to support training and consultation for mental health staff on how to use Dialectical Behavioral Therapy to help individuals who are suicidal, self-harming, and difficult to treat. The Division of Mental Health has set aside \$2500 each year for the next five years to fund (1) core "Nuts and Bolts" training for interested mental health providers on how to begin practicing DBT in their programs, and (2) additional onsite training and consultation for providers in need of more intensive assistance applying DBT to their program and the individuals they are working with. The fund will be used to pay members of the State DBT Consultation Team, a group of expert DBT clinicians from Vermont (see above), to provide local, regional and state training and consultation on DBT. If your agency is interested in finding out more about this fund, the State DBT Consultation Team, or how to access training or consultation, please contact Nick Nichols at 652-2000 or nnichols@vdh.state.vt.us.

The DBT Development Committee

The DBT Development Committee is a group open to any clinician practicing or interested in practicing DBT in Vermont. Each committee meeting includes: 1) training on specific DBT components, 2) a case consultation in which a DBT team can present a challenging case to the state DBT Consultation team for consultation and feedback, and 3) networking, resource sharing and problems solving discussions regarding supporting DBT in Vermont. The committee meets four times each year. For more information about attending the meeting, contact Nick Nichols @ 652-2000 or nnichols@vdh.state.vt.us.

INTEGRATED MENTAL HEALTH AND SUBSTANCE ABUSE TREATMENT

The Division of Mental Health is currently operating under a federal grant to support the development of integrated mental health and substance abuse treatment in community mental health centers. For more information on how your program can be involved in developing integrated treatment, contact Evan Smith at 652-2000 or esmith@vdh.state.vt.us.

SUPPORTED EMPLOYMENT

The Division of Mental Health is committed to providing training and technical assistance to all programs who are interested in improving the quality and quantity of employment services for individuals with mental illness. For more information on how to receive individualized training and technical assistance at your site, contact Laura Flint at 652-2000 or lflint@vdh.state.vt.us.

THE UNIVERSITY OF VERMONT DEPARTMENT OF PSYCHIATRY

Grand Rounds presentations every Friday morning from 10:30am-11:45am in Burlington are usually open to the public. Call the UVM Department of Psychiatry for more information (802) 656-3270 or email mary.lacasse@vtmednet.org to receive the monthly announcement electronically, or view it on their website: <http://www.vtmednet.org/psychiatry/grandrounds.htm>.

REPORTING ELDERLY &/OR DISABLED ABUSE TRAINING

If

you'd like Training on how to report the abuse of the elderly and disabled, please contact the Department of Aging and Independent Living at 802-241-4305.

OVERCOMING BARRIERS TO EFFECTIVE CONSUMER/SURVIVOR PARTICIPATION ON BOARDS AND COMMITTEES

This training, developed by Deborah Anderson, outlines six common barriers (lack of accommodation, access, poor communication, tendencies to pathologize consumer behavior, tokenism, and lack of skill training and assistance) to effective consumer participation on boards and committees and provides specific strategies for overcoming these barriers.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

RECOVERY EDUCATION

Interested in learning more about Recovery Education? Training events for consumers, staff and family members are available by request from the Recovery Education Project through Vermont Psychiatric Survivors. Workshops range from a half-day introduction to recovery concepts to a 40-hour "cycle" in which participants will learn key recovery concepts, skills and tools, and develop their own Wellness Recovery Action Plans.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

SELF ADVOCACY FOR CONSUMERS

Training for consumers on developing self-advocacy skills is available by request from Vermont Psychiatric Survivors. This training helps individuals learn how to effectively express their needs and access the proper resources to get their personal needs met. This training can also be used to assist professionals in supporting those they work with to become a better self-advocate.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

PEERS AS PROFESSIONALS: Consumers Working as Mental Health Providers

Peers as Professionals teach consumers the need to understand and follow the professional guidelines and responsibilities associated with becoming a mental health provider. Topics include confidentiality, professional responsibilities, rights vs. privileges, and following job guidelines. This training can also be used to assist professionals in supporting consumers in new roles as mental health providers.

Information: Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

VERMONT TRAUMA INSTITUTE

The Vermont Trauma Institute was formed to provide expertise to clinicians, researchers, lawyers, victim's advocates, social agencies, and judges as they attempt to understand trauma. Through clinician networking, we hope to provide the most appropriate response to your clinical or educational needs by *Assessment; Conferences; Expert Testimony; Forensic Evaluation; Research; Supervision; and Training*. **Information:** Vermont Trauma Institute, (802) 651-7817

CREATING WELLNESS: Key Concepts for Mental Health

A video workshop with Mary Ellen Copeland, MS, MA.

Author of an array of self-help books, including *Winning Against Relapse* and the *Wellness Recovery Action Plan (W.R.A.P.)*, Mary Ellen Copeland is an internationally known mental health educator and

advocate who has developed the recovery model shown in this video. The workshop format creates an ideal educational tool for staff training, as well as a powerful vehicle for individual self-reflection or group work.

Information: visit the website: <http://www.mentalhealthrecovery.com/resources.html#book>

Internet and Correspondence Courses

MENTAL HEALTH RECOVERY CORRESPONDENCE COURSE

Work with Mary Ellen Copeland to learn key recovery concepts, skills and tools, to develop a Wellness Recovery Action Plan. This four-week correspondence course is offered as an alternative to attending *Mental Health Recovery Seminar Part I: Learning Mental Health Recovery including Wellness Recovery Action Planning*. Participants who successfully complete this course are eligible to attend *Mental Health Recovery Seminar Part II: Facilitator Training*.

Information: (802) 254-2092 or email: copeland@mentalhealthrecovery.com or visit the web site: www.mentalhealthrecovery.com.

PsychLINK is a medical education broadcast series that offers live and interactive CME for psychiatry professionals. Featuring nationally and internationally recognized experts, **psychLINK** explores a variety of critical areas, including depression, bipolar disorder, schizophrenia and more. **psychLINK** offers free continuing education credits for physicians, nurses and pharmacists.

Information: visit www.psychlink.com.

BOSTON UNIVERSITY CENTER FOR PSYCHIATRIC REHABILITATION Offers Web casts and Internet Courses in Psychiatric Rehabilitation

The BU Center for Psychiatric Rehabilitation offers a number of online courses through their Professional Development Program. Courses can be taken anytime. For a full course listing, visit the web site at <http://www.bu.edu/sarpsych/training/pdp/courses/>

Information: Sue McNamara, MS, CRC, CPRP, (617) 358-2574 or by email: suemacs@bu.edu

Higher Education

CENTER FOR PSYCHIATRIC REHABILITATION

The Certificate Program in Psychiatric Vocational Rehabilitation is a one-year, part-time training for working professionals that partners people with psychiatric disabilities; meets the needs of culturally diverse service recipients; identifies vocational needs; facilitates vocational rehabilitation readiness; personalizes vocational assessment; achieves vocational placements; and develops essential skills, supports and accommodations. Technical assistance is provided throughout the year so that agencies may immediately utilize the skills and tools provided.

Information: Call Debbie Nicolellis (617) 353-3549 or email debbien@bu.edu, or visit their website at <http://www.bu.edu/cpr/training/vocrehab/>

LILLY REINTEGRATION SCHOLARSHIPS

The Lilly Reintegration Scholarship program is designed to offer financial assistance for a wide range of educational opportunities in which students work to attain a certificate or degree. The goal is to help people with schizophrenia, related schizophrenia-spectrum disorders and bipolar disorder acquire

the educational and vocational skills necessary to reintegrate into society, secure jobs and regain their lives.

Information: Call 1-800-809-8202 or email lillyscholarships@reintegration.com

MASTER'S PROGRAM IN COMMUNITY MENTAL HEALTH (PCMH) at Southern New Hampshire University (formerly at Trinity College of Vermont), is a Master's Degree program based on core clinical and management competencies needed to promote successful outcomes for children and adolescents with severe emotional disturbances, adults with psychiatric disabilities, and people with co-occurring substance abuse and psychiatric disabilities. PCMH is committed to advancing the competencies of community mental health staff, substance abuse staff, staff in related fields and those who would like to become service providers, particularly service users and family members.

Information: Call Annamarie Cioffari, Ph.D., (802) 655-7235 or by email: a.cioffari@snhu.edu, or visit their website at: www.nhc.edu/pcmh/index.htm

COLLEGE SCHOLARSHIPS FOR INDIVIDUALS WITH PARENTS WITH DISABILITIES

In recognition of the more than nine million parents with disabilities in the U.S. and their families, Through the Looking Glass (TLG), non-profit organization, is pleased to announce the 2006 College Scholarship Fund specifically for graduating high school seniors who have parents with disabilities. Scholarships funds are available to graduating high school students who:

1. demonstrate academic and personal achievement;
2. have grown up with at least one parent with a disability; and
3. will be a high school graduate or graduating senior by Summer 2006

Up to ten separate \$1,000 awards will be given out in Summer 2006. These awards are one of several projects of Through the Looking Glass' National Resource Center for Parents with Disabilities. This National Center is funded by the National Institute on Disability Research and Rehabilitation (NIDRR), U.S. Department of Education. More information and application forms are available on Through the Looking Glass website: www.lookingglass.org Forms may also be requested by calling 1-800-644-2666.

Funding Opportunities

FUNDING TO SUPPORT LOCAL PEER-OPERATED PROGRAMS (POP)

The Division of Mental Health plans to solicit proposals from consumers for local peer initiatives, developed and controlled by consumers in the public mental-health system. The form and purpose of these initiatives can be flexible; some ideas that have been suggested include education in peer leadership, warm lines, peer mentoring, drop-in centers, peer crisis diversion, resources for peers upon discharge from inpatient hospitalization or from a correctional facility, peer advocacy/community liaisons, and recovery-oriented initiatives (e.g., exercise, diet, healthy lifestyles, employment, etc.).

Information: Call : Linda Corey, Vermont Psychiatric Survivors, 1-800-564-2106

Thanks to Michelle Hough for her assistance in compiling this calendar.